

Pessary Selection Chart

Pessaries may be used to relieve the following symptoms

Type/ symptoms		 Prolapse (1-2nd Degree)	 Prolapse (2-3 Degree)	 Cystocele	 Rectocele	 Stress Incontinence	 Retro Displacement
	Ring	X		X			
	Cube		X	X	X		
	Gellhorn		X	X			
	Short-stem Gellhorn		X	X			
	Donut		X	X	X		
	Shaatz	X	X				
	Gehrung		X	X	X		
	Dish	X	X	X		X	
	Cup	X	X	X		X	
	Oval	X		X			
	Ring with Knob	X		X		X	
	Marland	X	X	X		X	
	Hodge	X		X		X	X
	Incontinence Ring					X	
	FlexiShelf		X				