

## Why Bioteque?

We serve clinicians, hospitals, clinics, and distributors worldwide, offering a unique combination of product performance, speed, affordability, and hands-on support.

- Prioritizing High Quality Care
- Providing Exceptional Value
- Promoting Global Support for Women's Healthcare

## Bioteque Pessaries Are Manufactured to the Highest Quality Standards

- Trusted by physicians worldwide for 30+ years
- Are comfortable, safe and latex free
- 100% medical grade silicone
- Reliable for long-term use

## Is a Pessary Right for You?

If pelvic organ prolapse or urinary leakage affects your quality of life, a pessary may help you:

- Stay active and independent
- Feel more comfortable
- Avoid or delay surgery

## Prioritizing Patient Comfort in Pessary Care

Patient comfort comes first. Our pessary solutions are designed to provide reliable support while promoting comfort, ease, and confidence—empowering patients and clinicians alike with trusted care options.

**Speak with your provider to see if a pessary is the best choice for you.**



Check out our website for a complete listing of our pessary products



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## Bioteque Pessary Solutions for Pelvic Wellness

A gentle, nonsurgical option to help you stay active and feel like yourself again.



## What is Pelvic Organ Prolapse or Stress Urinary Leakage?

Sometimes pelvic organs — such as the bladder or uterus — shift downward due to childbirth, aging, or the weakening of pelvic floor tissue. This may lead to:

- Pelvic pressure or fullness
- Leakage when laughing, coughing, or exercising
- Discomfort during activity or intimacy

A pessary can help support these organs, reduce symptoms, and restore day-to-day comfort.

## How Can a Pessary Help Me?

- Helps support pelvic organs inside the vagina
- Reduces pressure and urinary leakage
- Can be used as an alternative to or alongside surgery
- Designed for ongoing, active lifestyles

**Many women experience relief right away.**



## FAQs

### Will I feel the pessary once it's in place?

No — with the correct size and position, you shouldn't feel it during daily life.

If you do feel irritation or pressure, your provider may adjust the fit

### Can I have sex while wearing a pessary?

Yes, depending on the type. Some pessaries stay in place for intercourse, while others are removed beforehand.

### Are there different types of pessaries?

Absolutely. Your clinician will help choose the right shape and size for your needs.

Sometimes a refitting is needed for the best comfort — that's normal.



## Caring for Your Pessary

Your provider will give clear instructions for removal, reinsertion, and cleaning—depending on the pessary type you use.

### Follow-Up Care Tips:

- First follow-up usually in 2–3 weeks
- Routine check-ins every few months to monitor comfort and tissue health
- Contact your clinician if you notice discharge, odor, or difficulty using the bathroom

### Safety Note\*

Let your care team know before an MRI or X-ray.

Some pessaries contain metal and must be removed beforehand.

